

THE AVALON PODCAST GUIDE

Please see below a round-up of new and ongoing podcasts featuring Avalon artists, including recent *British Podcast Awards 2020* Winners, *Sh**aged. Married. Annoyed.* with Chris & Rosie Ramsey and *The Rob Auton Daily Podcast*. This list will be updated on our press centre [here](#) as any new podcasts launch.

Ask Iliza Anything – Iliza Shlesinger

[Praise for Iliza] *“An unapologetic, come-get-some attitude... terrifyingly honest, quick-fire stories with hilarious pay-offs”*

★★★★ Time Out

[Praise for Iliza]



Comedian Iliza Shlesinger has a unique outlook on life. From the best way to eat Sour Patch Kids to the least offensive way to break up with a friend, Iliza has cultivated a hilarious take on society's problems, ranging from thought-provoking to rage-fueled. She enjoys nothing more than giving life advice to total strangers, sometimes with a celebrity guest in tow. She's here for you to ask about life and ask about yourself, so ask Iliza anything.

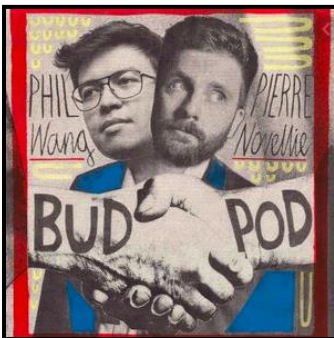
You can listen to the podcast [here](#)

Produced by Wondery

BudPod – Pierre Novellie & Phil Wang

“if you're looking for weird and wonderful chats, you'll want to check out BudPod in which comedians Phil Wang and Pierre Novellie cover everything from alien invasions and weird food combos to foreign policy and Trump.”

Danielle De Wolfe, ShortList



Pierre Novellie and Phil Wang are also providing listeners with self-isolation themed episodes of their podcast, *'BudPod with Phil Wang and Pierre Novellie'*. In this podcast, including the latest episode, *Johnson!*, top stand ups and all-round great buds Phil and Pierre join forces to bring you hilarious conversation and funny little chunks they have found or made.

You can listen to the podcast [here](#)

The Bugle – Andy Zaltzman

"Zaltzman is a sharp writer and an excellent satirist who combines political observation with daft whimsy."

Fiona Sturges, Financial Times



The Bugle is the transglobal satiricist that leaves no potato unbattered. First co-created with John Oliver, Andy Zaltzman breaks down the news with comedians from across the world including Alice Fraser, Hari Kondabolu and Nish Kumar.

You can listen to the podcast [here](#)

Cuddle Club – Lou Sanders

"A Fringe comedian who leaves you wanting more? I'll take that deal"

★★★★ **Dominic Maxwell, The Times**

[Praise for Lou]



Lou Sanders (*Taskmaster* (Dave), *The Late Late Show with James Corden* (CBS), *Live At The Apollo* (BBC One) interviews guests (including Katherine Ryan, Nish Kumar, and Richard Osman) about various hug-based scenarios. She said "there are podcasts about everything, except cuddling. But don't worry we are rectifying this. Raise your serotonin by listening to people embrace". Quite apt for the imminent social isolation we're about to find ourselves in!

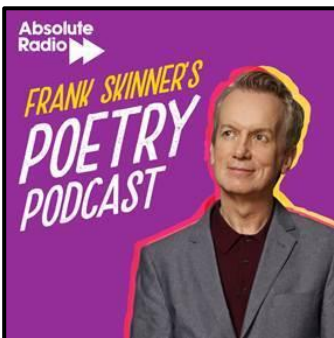
You can listen to the podcast [here](#)

Produced by Plosive Productions

Frank Skinner's Poetry Podcast

"His love for the poems he talks about really shines through, in a juicy, funny, and hands-on podcast that goes deep into how poetry intertwines with life and what it can do."

Charlotte Runcie, Daily Telegraph



Comedian and Absolute Radio host **Frank Skinner** has launched a brand new original podcast – 'Frank Skinner's Poetry Podcast'. From 20th April, prepare to be swept away in some of Frank's most loved literary landscapes, as he dives into an array of contemporary and classic works. Following the huge success of 'The Frank Skinner Show' on Absolute Radio, this new audio series, produced by Avalon, brings the comic's wry observations and relatable wit as he explores his favourite poetic pieces. Reading extracts and analysing works, Frank will share and dissect the best verses of familiar and lesser-known poets in weekly segments.

You can listen to the podcast [here](#)

Produced by Avalon

Gossipmongers – Joe Wilkinson, David Earl & Poppy Hillstead

“It’s not only hilarious – there’s also something oddly nostalgic about it.”

The Telegraph



Joe Wilkinson, David Earl and Poppy Hillstead read out unsubstantiated rumours sent in by listeners. At the end of each episode they choose their favourite piece of gossip and help spread it further by getting Poppy to shout it out the window.

You can listen to the podcast [here](#)

The Horne Section Podcast

“This series features musical mayhem, laughs, and very amusing guests”

Emma Jones, The Mirror



The Horne Section Podcast – Raucous, ridiculous and surprisingly satisfying, host **Alex Horne** and his band are joined in the basement by a very special guest for some musical mayhem and plenty of laughs. They were set to finish their 4th series in March (featuring Ed Gamble, Katy Wix among many more), but have decided to continue and record remotely during the C-19 outbreak so they can take suggestions direct from listeners who might need a bit of entertainment at home. The latest episode features special guest Robbie Williams and sees the band record a brand-new version of hit song Angels.

You can listen to the podcast [here](#)

An Irishman Abroad – Jarlath Regan

“Quite frankly, every single young person reading this should go download this podcast and listen to it every week for the rest of time.”

The Guardian



In each episode, comedian Jarlath Regan is joined by a well-known Irish writer, actor, performer, sports person or public figure to discuss their life and shared experiences of Ireland and abroad. An Irishman Abroad has been recommended by The Guardian, The Telegraph, The Irish Times and The London Metro.

You can listen to the podcast [here](#)

An Irishman Abroad: Inside Basketball – Jarlath Regan

“Quite frankly, every single young person reading this should go download this podcast and listen to it every week for the rest of time.”

The Guardian

[Praise for *An Irishman Abroad*]



An Irishman Abroad: Inside Basketball is a brand new series from Jarlath Regan that looks at some of the most interesting characters, stories and facets of the game and of course their connection back to Ireland. Guests will include the only Irishman ever to play in the NBA Pat Burke, former Kerry Gaelic football and basketball legend Kieran Donaghy, sports psychologist to Kobe Bryant and Michael Jordan - George Mumford and author of the definitive Kobe and MJ biographies Roland Lazenby.

You can listen to the podcast [here](#)

Jacob Hawley’s Job Centre

“he’s a distinctive act striving to negotiate class expectations and constrictions”

Jay Richardson, The Scotsman

[Praise for Jacob]



Jacob Hawley is a comedian, making his living by travelling up and down the country and performing to crowds... So now, with social distancing and non-essential activity banned, he might need a new job. In this podcast, he’s going to talk to other people who became unemployed overnight - to explore how they now consider their career and what value we put on entertainment. And he’s going to catch up with front line key workers who are busier than ever, to discuss whether they see themselves differently now they’re being called heroes, and the positive impact of passing over the applause to the previously ignored. Jacob is also the creator of *Jacob Hawley: On Drugs* which was featured in the iTunes Top 50 Shows, highlighted in *Cosmopolitan’s* Top 55 Podcasts and earned him an ARIA (Audio & Radio Industry Awards) 2020 nomination for Best New Presenter, while a second series has been commissioned by BBC Sounds and the first series is available to listen [here](#) along with the brand new *Jacob Hawley’s Job Centre*.

Produced by BBC Sounds

Men Behaving Better – Jarlath Regan

“All round hilarity intersecting with emotion and stirring sections of internal conflict, finesse and heart”

★★★★**The List**

[Praise for Jarlath]



Alongside *An Irishman Abroad* podcast, Jarlath Regan has just released a new series of his podcast *Men Behaving Better*, a panel discussion podcast about what men need to do to improve. Previous guests include Trish Long, Simon Delaney, Finian Murphy and Tara Flynn with the latest episode featuring Romesh Ranganathan. You can listen on streaming platforms every two weeks on a Tuesday.

You can listen to the podcast [here](#)

Microscope – John Kearns & Mat Ewins

“Kearns goes to places stand-up rarely goes. If you have a heart you will laugh and be moved. You can bet your shirt on it.”

★★★★★ **Evening Standard**

[Praise for John]



Mat Ewins and John Kearns have just launched an improvised podcast, *Microscope*, in which they attempt solve some of the world’s biggest mysteries. Normally recorded in front of a live audience, stories in the series involve an obscure theme park that appears to be haunted, a farmer kidnapped by penguins and a gym that’s been infiltrated by wizards.

You can listen to the podcast [here](#)

Produced by Plosive Productions

Might Delete Later – Stevie Martin & Gina Martin

“funny AF”

Time Out

[Praise for Stevie]



Ever regretted a tweet? Launching on Thursday 21st May, *Might Delete Later* is the brand new podcast from sister power duo Gina Martin (campaigner, writer) and Stevie Martin (comedian, writer) where they delve into our social media timelines, unearthing old memories, funny moments and big mistakes. What do they regret posting? What was their first ever post? And how has social media helped or hindered them? Candid and light-hearted, the posts act as a catalyst to discuss their guests’ life, career and relationships with social media.

You can listen to the podcast [here](#)

Produced by Plosive Productions

Nobody Panic – Stevie Martin & Tessa Coates

“Life lessons from a cracking comedy duo... I return to this podcast again and again, and it makes me laugh out loud a ton. It’s a keeper”

Leaf Arbuthnot, The Mail on Sunday



As of this week nominated for *Best Live Episode* at the *British Podcast Awards 2020*, this hugely popular podcast hosted by Stevie and Tessa is a guidebook to life where the pair aim to work out how to be a functioning adult without screaming all the time. *“Witty, smart and oh-so-relatable”* (Evening Standard), the podcast has an ever growing fan base of devoted listeners, and has seen guests including the likes of Dolly Alderton, Nish Kumar and Jessie Cave.

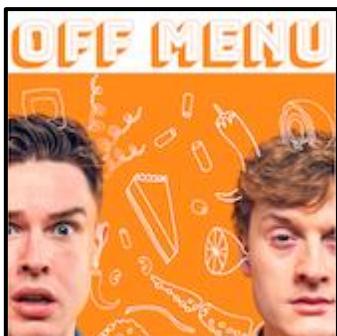
You can listen to the podcast [here](#)

Produced by Plosive Productions

Off Menu – Ed Gamble & James Acaster

“James Acaster and Ed Gamble have created the funniest – and undoubtedly the weirdest – food podcast around.”

The Telegraph



Ed Gamble works with fellow comic James Acaster to invite special guests into their magical restaurant with smash hit podcast *Off Menu*. Each guest chooses their favourite starter, main course, side dish, dessert and drink. Voted one of the best podcasts of 2019 by The Guardian.

You can listen to the podcast [here](#)

Produced by Plosive Productions

Older and Wider – Jenny Eclair & Judith Holder

“this is pure witticism and wisdom... you know you’re in safe comedy hands.”

The Metro



Jenny Eclair (Perrier Award winning comedian, writer and star of hit BBC TV series *Grumpy Old Women*) and her *Older and Wider* co-host Judith Holder are releasing special 'self-isolation' episodes of their popular weekly podcast. The latest instalments have seen Jenny and Judith continue to share insight, gossip and general news from the menopausal front and beyond, as well as their lockdown attempts at arts and crafts, growing things and recipes to use up foods that are going off. Previous episodes have tackled subjects such as the realities of being mother of the bride to online shopping tricks, with the hilarious friends welcoming a range of guests, including broadcasting legend Anthea Turner, comedian Rose Matafeo, performance artist Bryony Kimmings and journalist Eve Pollard.

You can listen to the podcast [here](#)

Produced by Avalon

The Political Party Podcast with Matt Forde

“Forde is a brilliant interrogator, being just friendly enough to coax out some surprising admissions and insights. It successfully makes politics funny, which is no mean feat in the current climate.”

Alan Martin, ShortList



The UK’s number 1 political podcast, *The Political Party with Matt Forde* (over 2.7 million downloads), continues with a new focus on Covid-19 and government response. Recent guests include former White House Director of Communications **Anthony Scaramucci**, former Health Secretary turned Chair of the Health and Social Care Committee **Jeremy Hunt**, one of the most influential political scientists of the modern era **Philip Tetlock** and Labour Leadership hopeful **Emily Thornberry**. *The Political Party Podcast* live show’s monthly residency at The Other Palace Theatre has totally sold out for over 7 years, and in 2018 Forde began releasing weekly studio recorded episodes too. Previous guests on the podcast include **Nicola Sturgeon**, **Ken Clarke**, **George Osborne**, **Tony Blair**, **Alastair Campbell**, **Ruth Davidson**, **Nigel Farage**, **Harriet Harman**, **Jacob Rees-Mogg** and **Rory Stewart** to name a few.

Latest press release is [here](#)

You can listen to the podcast [here](#)

Produced by Avalon

Richard Herring's Leicester Square Theatre Podcast

"the best celeb interviewer in Britain"
Edward Tew, The Guardian



The multi-award-winning and perennially popular live podcast interview series in which comedian **Richard Herring** ("The Podfather", The Guardian) chats with some of the biggest names in comedy and entertainment. Dubbed "The UK's online comedy pioneer" (The Times), RHLSTP has continuously made headlines over the years, probably most famously for Stephen Fry's sad revelation that he tried to commit suicide and then most recently many aspects of Les Dennis' interview going viral and making newspapers. And with over 200+ episodes available online, you can also catch interviews with the likes Eddie Izzard, Dawn French, David Mitchell, Katherine Ryan, London Hughes, Grayson Perry and Brian Blessed to name a few.

Latest press release [here](#)

You can listen to the podcast [here](#)

Produced by Sky Potato, Go Faster Stripe and Fuzz Productions

The Rob Auton Daily Podcast

"Weird & Wonderful: The Rob Auton Daily Podcast. Comedy? Poetry? Social History? Philosophy?... all of the above. In truth, though, they're a podcast category unto themselves; concise, intriguing and cherishably odd."

100 essential podcasts, The Telegraph



Award winning poet and comedian **Rob Auton** (TBS' *Miracle Workers*, Netflix's *The End of the F***ing World*, Comedy Central' *Stand-Up Central With Rob Delaney*, Sky One's *The Russell Howard Hour*) started *The Rob Auton Daily Podcast* on New Year's Day and just this weekend was announced as the **British Podcast Awards 2020 Winner** for *Best Daily Podcast* (sharing the category with *The Guardian's Today In Focus*, *BBC Radio 4's Beyond Today* and *ITV's Love Island: The Morning After*.) Already amassing over 500k listens, the bursts of funny and often poignant spoken word and music providing commentary on everyday life and injections of respite will be released everyday through 2020.

Latest press release is [here](#)

You can listen to the podcast [here](#)

Produced by Plosive Productions

Secret Artists – Annie McGrath

"A real master of deadpan... delightfully dry"

The Skinny
[Praise for Annie]



Funny people doing art. Often silly. Sometimes serious. Mainly relaxing. Each week a new guest brings an object or selects a subject which inspires them to create an artwork... they then draw or paint and chat art, comedy and tackle some quickfire questions. *Secret Artists* is a brand new podcast hosted by comedian and artist, Annie McGrath. Annie recently curated *Art is the Best Medicine*, an exhibition of artworks by comedians to raise money for Mental Health UK, which featured on the front page of the Guardian Guide and in the Evening Standard, iNews, Chortle, Beyond the Joke and Country & Town House. Artists involved in the exhibition include Vic Reeves, Harry Hill, Josie Long, Jenny Eclair, Jessica Hynes, Alex Horne and Tim Key.

You can listen to the podcast [here](#)

Produced by Turtle Canyon Comedy

*Sh**ged. Married. Annoyed.* – Chris & Rosie Ramsey

*“Sha**ged Married Annoyed is a riotous hit”*

Hannah J Davies, The Guardian



Chris Ramsey and his wife, actor, presenter, Radio DJ, Live host, singer, Vlogger and Instagram star Rosie Ramsey launched their record-breaking and award-winning podcast series, which has now hit a staggering 25 million downloads worldwide and consistently tops the charts, straight from their South Shields living room – *Sh**ged. Married. Annoyed.* With Chris & Rosie. The only way Rosie and Chris Ramsey can have a conversation without being interrupted by a toddler or ending up staring at their phones is by doing a podcast. They chat all about life, relationships, arguments, annoyances, parenting, growing up and everything in between.

Link to website [here](#)

Latest press release [here](#)

You can listen to the podcast [here](#)

Produced by Avalon

Talking Dogs with Graeme Hall

“UK’s best dog trainer”

The Daily Telegraph



Following two hit series of *Dogs Behaving (Very) Badly* on Channel 5, and a third one in the making, **Graeme Hall**, AKA The Dogfather – one of the country’s best known and loved dog trainers, will be discussing his biggest dog-related challenges in his brand new podcast – *Talking Dogs with Graeme Hall*, produced by Avalon and set to launch on Monday 27th July. Armed with over 12 years of training and travelling the country helping owners with badly behaved dogs, Graeme has been contacted by thousands of dog owners looking for advice and has decided to dig through his inbox to provide as many answers as possible about the nation’s favourite pet.

Latest press release [here](#)

You can listen to the podcast [here](#)

Produced by Avalon

Two Vegan Idiots – Carl Donnelly & Julian Deane

“Donnelly can provoke laughter out of almost anything”

★★★★ **The Scotsman**

[Praise for Carl]

“Assured and brilliant. Dean is a class apart. A master of hilarious twists and turns”

Chortle

[Praise for Julian]



Comedians Carl Donnelly and Julian Deane are both vegans and both idiots. Each episode they chat to a comedy guest about whatever is on their minds.

You can listen to the podcast [here](#)

Undefeated – Travis Jay & KG Tha Comedian

“He’s amazing”

Dave Chapelle

[Praise for Travis]



Travis Jay currently hosts *Undefeated*, a boxing podcast for casual fans, alongside KG Tha Comedian. Both huge fans of the fight game, Travis and KG each week chop up all the antics of the boxing world, but comedians will be comedians. It’s boxing talk like you’ve never experienced before, laughter and boxing. For boxing fans, this is the podcast you didn’t know you needed.

You can listen to the podcast [here](#)

We Have Ways Of Making You Talk – Al Murray & James Holland

“James Holland supplies the scholarly flourishes, Murray clearly knows his stuff too... they make an assured double act”

★★★★ Clive Davis, *The Times*



Achtung! Achtung! Al Murray and historian James Holland discuss all matters Second World War in *We Have Ways of Making You Talk*. A weekly show exploring the war in close up, James and Al have a stunning knowledge of their subject, but don't expect a linear narrative. The boys love a tangent and a forgotten tale, and roam down forgotten front lines, cast new villains and make the case for unlikely heroes.

You can listen to the podcast [here](#)

Produced by Goldhanger Films

WTF with Marc Maron

“It doesn’t get much better than this... a masterclass”

★★★★★ Clive Davies, *The Times*

[Praise for Marc]



For over twenty years, **Marc Maron** has been writing and performing raw, honest and thought-provoking comedy. In September 2009, Marc changed the podcast landscape when he started *WTF with Marc Maron*, featuring Marc's revelatory conversations with iconic personalities such as **Brad Pitt, Cate Blanchett, Conan O’Brien, Keith Richards, Lorne Michaels, Robin Williams, Terry Crews, Thandie Newton** and **President Barack Obama**. It became a worldwide phenomenon, with more than six-million downloads each month and 250 million lifetime downloads within its first 6 years.

You can listen to the podcast [here](#)

For further information and images please contact pressoffice@avalonuk.com or 0207 598 8000.

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