



Modern family life is a constant battle for attention; whether it's phones, tablets, TV or a host of other distractions families have more to cope with now than ever before. Working parents are time poor and face a bewildering amount of conflicting advice; how do they do what's best? For some, normal family life has broken down so much and behaviour has become so extreme that they need expert help. Coming to their aid is Channel 4's The Three Day Nanny returning for a brand new series this summer. In it KATHRYN MEWES, professional nanny and family expert tackles some of the most extreme cases of families in crisis – all in just three days.

In this new series KATHRYN gets to tackle some of her toughest challenges yet: a family where the kids are running riot because mum has lost all her confidence and dad is more concerned about checking his smartphone: a single mum who has imposed such a strict regime on her kids that KATHRYN counts 72 rules in just her first few hours in the house: in another home KATHRYN realises that the 3 year old daughter rules the household. Whether it's problems with food, sleeping or bad behaviour KATHRYN's solutions are often unconventional but always effective.

KATHRYN has developed a proven three day intervention which tackles parents and children alike. But will the families be willing to change?

The six part series will air from Tuesday 28th July on Channel 4.

The six part series is being produced by Liberty Bell by Series Producer, Francis Baker (Restaurant Man, Kids with Cameras) and Executive Producer Jamie Isaacs (Brat Camp, World's Strictest Parents, The Choir).

-ends-

For further information please contact:

Lucy Plosker or Dan Lloyd at Avalon on 020 7598 7222,
lucyp@avalonuk.com / danl@avalonuk.com

Notes to editors

About Liberty Bell

Liberty Bell Productions, formed in autumn 2002, specialises in the production of television documentaries and features, factual entertainment, current affairs, drama-documentary and youth programming. Productions include: The Three Day Nanny (Channel 4), Scrappers (BBC One), Dave Gorman: Modern Life is Goodish (Dave), the Grumpy Old... series and the Three Men... series (BBC TWO).