



## BRAND NEW SHOW ANNOUNCED

*"Ruthlessly funny"*

Clive Davies, *The Times*

Younger than Madonna but eats crisps and likes wine, too young to die, but too old to stand near the edge in case she gets dizzy and falls over, professional Grumpy old woman JENNY ECLAIR announces How to Be a Middle Aged Woman (Without Going Insane), a brand new show and tour for 2015. You are most welcome to join her, just button your cardi up properly and wipe that lipstick off your teeth.

Tackling questions such as, is swearing better than crying, HRT or boxercise – you decide, JENNY takes to the stage to explore some of the boll\*cks that surrounds the ageing process. Why are so many young people idiots, is Chardonnay medicinal and how many episodes of 'Bake Off' does it take to lower your blood pressure? Watch a woman happy to have lost her dignity years ago, lob a few grenades back in the face of ageism. Semi –bearded and suffering from outbreaks of gout and hysteria, JENNY puts middle age under the microscope and decides whether to laugh, cry or buy a dachshund!

**Tickets for How To Be A Middle Aged Woman (Without Going Insane) are available to buy at:**

[www.jennyclair.com](http://www.jennyclair.com)

After selling out its first leg, JENNY will embark on a UK tour extension of Grumpy Old Women: 50 Shades of Beige on April 2<sup>nd</sup> alongside SUSIE BLAKE and KATE ROBBINS. Tickets are available to buy from [www.grumpyoldwomenlive.com](http://www.grumpyoldwomenlive.com)

JENNY ECLAIR has been a stand-up comic since the last millennium: she was the first woman to win the coveted *Perrier Award* and hasn't stopped banging on about it ever since. Apart from the stand-up she is an acclaimed writer (sometimes it's nice to just sit down), her third book Life, Death & Vanilla Slices was released in 2012 to critical acclaim and her next novel is scheduled for release later this year. Previously JENNY has co-written and starred in Grumpy Old Women Live 2: Chin Up Britain on Tour in London's West End and has starred in a number of other West End productions including Steaming, Mum's The Word and The Vagina Monologues. JENNY came third in I'm a Celebrity Get Me Out of Here (ITV1) has presented on Loose Women (ITV1) and has done 'acting' on Holby City (BBC One) and Skins (E4). Other television credits include: Splash (ITV1), Celebrity Masterchef (BBC One), The Apprentice: You're Fired (BBC Two), That Sunday Night Show (ITV1), The Chase: Celebrity Special (ITV1), Antiques Road Trip: Children in Need Special (BBC Two), Celebrity Fame Academy (BBC One) and Let's Dance for Sport Relief, (BBC One), where she reached the final alongside fellow Grumps SUSIE BLAKE, LESLEY JOSEPH and LINDA ROBSON. JENNY has hosted her own show on LBC radio, and is a regular contributor on shows such as BBC Radio 4's Woman's Hour, Just a Minute and 7 Day Sunday (BBC Radio 5 Live). JENNY ECLAIR is also the author of Chin Up, Britain, The Book of Bad Behaviour, and the co-author with JUDITH HOLDER of Grumpy Old Couples, and Wendy: The Bumper Book of Fun for Women of a Certain Age.

**Ends**

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Avalon Promotions Ltd. present

# JENNY EGLAIR

**How To Be A  
Middle Aged Woman  
(WITHOUT GOING INSANE)**

**“RUTHLESSLY  
FUNNY”**  
THE TIMES

**BRAND  
NEW  
SHOW**



25-Sep-15	Reading South Street Arts Centre	0118 960 6060
26-Sep-15	Maidenhead Norden Farm Centre for the Arts	01628 788 997
01-Oct-15	Milton Keynes Stables Theatre	01908 280800
02-Oct-15	Chelmsford Civic Crumpton Studio	01245 606505
03-Oct-15	Andover, The Lights	01264 368368
08-Oct-15	Chorley Little Theatre	01257 264362
09-Oct-15	Lowther Pavilion	01253 794 221
10-Oct-15	Leeds Carriageworks	0113 224 3801
11-Oct-15	Harrogate Comedy Festival, Harrogate Theatre	01423 502 116
14-Oct-15	Chipping Norton Theatre	01608 642350
15-Oct-15	Newbury Corn Exchange	0845 5218 218
16-Oct-15	Harpden Public Halls	01582 767525
17-Oct-15	Barnsley Civic Theatre	01226 327 000
18-Oct-15	Lancaster Grand Theatre	01524 64695
21-Oct-15	Bridport Arts Centre	01308 424 204
22-Oct-15	Taunton Brewhouse	01823 283244
23-Oct-15	Falmouth Poly	01326 319461
24-Oct-15	Great Torrington, The Plough Arts Centre	01805 624624
28-Oct-15	Newcastle Northern Stage	0191 230 5151
29-Oct-15	Durham Gala Theatre	03000 266600
30-Oct-15	Musselburgh, Brunton Theatre	0131 665 2240
31-Oct-15	Barnard Castle, The Witham	01833 631 107
03-Nov-15	Oldham Coliseum Theatre	0161 624 2829
06-Nov-15	Pocklington Arts Centre	01759 301547
07-Nov-15	Stockton on Tees, The Arc	01642 525199
10-Nov-15	Bristol Old Vic	0117 987 7877
11-Nov-15	Hereford Courtyard Theatre	01432 340555
12-Nov-15	Salisbury Arts Centre	01722 321744
13-Nov-15	Banbury, The Mill Arts Centre	01295 279002
14-Nov-15	Tunbridge Wells Trinity Theatre	01892 678 678
15-Nov-15	Southend Palace Theatre	01702 351135

18-Nov-15	Hull Truck Theatre	01482 323638
19-Nov-15	Worcester Huntingdon Halls	01905 611427
20-Nov-15	Pontardawe Arts Centre	01792 863722
21-Nov-15	Leamington Spa, Royal Spa Centre	01926 334418
22-Nov-15	Coventry, Warwick Arts Centre	024 7652 4524
25-Nov-15	Havant Spring Arts and Heritage Centre	023 8247 2700
27-Nov-15	Colchester Arts Centre	01206 500900
28-Nov-15	Cambridge The Junction	01223 511 511
05-Feb-16	Epsom Playhouse	01372 742555
11-Feb-16	Fareham Ashcroft Arts	01329 223100
12-Feb-16	Bury St Edmunds Theatre Royal	01284 769505
13-Feb-16	Tring, The Court Theatre	www.get-stuffed.biz
18-Feb-16	Selby Town Hall	01757 708449
19-Feb-16	Stafford Gatehouse MET	01785 619080
20-Feb-16	Millford Haven, Torch Theatre	01646 695267
21-Feb-16	Swindon Wyvern Theatre	01793 524 481
26-Feb-16	Bexhill, De La Warr Pavilion	01424 229 111
27-Feb-16	Isle of Wight, Shanklin Theatre	01983 868000
28-Feb-16	Southampton Hanger Farm Arts	02380 667 683
03-Mar-16	Folkestone Quarterhouse	01303 760750
04-Mar-16	Walton-on-Thames, Riverhouse Barn	01932 253354
10-Mar-16	Shrewsbury Theatre Severn, Walker Theatre	01743 281281
11-Mar-16	Monmouth Savoy Theatre	01600 772467
12-Mar-16	Didcot, Cornerstone Arts Centre	01235 515144
13-Mar-16	Birmingham, The Old Rep Theatre	0121 359 9444
18-Mar-16	Glasgow Comedy Festival, Citizens Theatre	0141 429 0022
19-Mar-16	Edinburgh, The Roxy	0131 623 3030
24-Mar-16	Cardiff St Davids	029 2087 8444
26-Mar-16	Norwich Playhouse	01603 598598
31-Mar-16	Barrow-in-Furness, The Forum	01229 820000
02-Apr-16	London The Bloomsbury Theatre	020 3108 1000
08-Apr-16	Fleet, The Hartington	01252 811009

**See**

Book online at [www.seetickets.com](http://www.seetickets.com)  
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