

# BRYONY KIMMINGS & TIM GRAYBURN EMBARK ON A UK & IRELAND TOUR WITH THEIR AWARD-WINNING SHOW,

## FAKE IT 'TIL YOU MAKE IT



On February 19<sup>th</sup>, BRYONY KIMMINGS and TIM GRAYBURN will embark on a UK & Ireland tour with their autobiographical show Fake it 'til you Make it. To date, the show has sold out every UK venue in which it has been performed, has garnered four and five star reviews across the board and has won awards around the globe.

Bryony is an outrageous, hilarious and fearless performance artist from London. Tim is an outrageous, hilarious and fearless account manager from a top advertising agency. Bryony and Tim are a couple. Bryony spends most of her life on tour, trying her best to change the world. Tim spends most of his life at a desk trying his best to sell the world. Six months into their relationship, Bryony found out that Tim suffered from severe clinical depression which he had kept a secret for a very long time.

A collaboration about clinical depression and men, Fake it 'til you Make it is a warm and brutally honest show about the wonders and pitfalls of the human brain, the taboo of mental illness, being in love and what it takes to be a 'real man'.

Watch the Fake it 'til you Make it trailer [here](#).

[bryonyandtim.com](http://bryonyandtim.com) / [bryonykimmings.com](http://bryonykimmings.com) / @bryonykimmings / @timgrayburn

For more information, interviews or press tickets, please contact: Lottie Robertshaw:  
[lottier@avalonuk.com](mailto:lottier@avalonuk.com) / 020 7598 7222

### Cast and Creatives:

Writers: Bryony Kimmings and Tim Grayburn  
Director: Bryony Kimmings  
Dramaturg: Nina Steiger  
Sound Design and Music: Tom Parkinson and Matt Lewis  
Lighting Design: Nao Nagai  
Art Direction: David Curtis Ring  
Set Design: Amelia Hankin  
Choreographic support: Dan Canham

## **PRAISE FOR FAKE IT 'TIL YOU MAKE IT IN THE UNITED KINGDOM**

WINNER: Herald Angel

The Telegraph ★★★★★

The Evening Standard ★★★★★

Financial Times ★★★★★

The Stage ★★★★★

The Skinny ★★★★★

Herald Scotland ★★★★★

The List ★★★★★

Edinburgh Guide ★★★★★

The Public Reviews ★★★★★

To Do List ★★★★★

Across The Arts ★★★★★

British Theatre Guide ★★★★★

Fest Mag ★★★★★

Edinburgh Festivals Magazine ★★★★★

## **PRAISE FOR FAKE IT 'TIL YOU MAKE IT IN AUSTRALIA**

WINNER: Best Theatre Award – Fringe World, Perth

Winner: Best Theatre Award – Adelaide Fringe Festival

The Guardian (Australia) ★★★★★

The Australia Times ★★★★★

Herald Sun ★★★★★

Rip It Up ★★★★★

Performing Arts Hub ★★★★★

The Advertiser ★★★★★

The Age ★★★★★

Rotunda News ★★★★★★★★★★★★★

## Notes to Editors

BRYONY KIMMINGS' work centres around outlandish 'social experiments' that Kimmings conducts with genius, intrigue and wholehearted fearless gusto. Previous works have seen Kimmings retracing an STI to its source (Sex Idiot), spending 7 days in a controlled environment in a constant state of intoxication (7 Day Drunk) and becoming a pop star invented by a 9 year old (Credible Likeable Superstar Role Model). Kimmings' award-winning work has toured across the world. Most recently to Soho Theatre, Antifest (Finland), Culturgest (Portugal), Fusebox Festival (Texas), Southbank Centre, Melbourne International Comedy Festival (Australia) and Lisinski Operahouse (Croatia). Kimmings also mentors artists, teaches workshops, writes an arts blog, speaks on panels and is sometimes on the telly. In 2014, Bryony Kimmings became a limited company and assembled her office team. The company is set to explore three huge topics in the next three years with some exciting new partners.

TIM GRAYBURN is an Account Director at a large advertising company in central London. Or was up until 6 months ago. Tim is now a newly transformed mental health activist and artist. He writes the blog for [bryonyandtim.com](http://bryonyandtim.com), is in charge of audience correspondence (of which there is a great deal) and updates the website with the press the couple gather. Tim loves football, eating out and socialising with his mates; he is annoyingly fit and healthy, much to Bryony's disgust.

1 in 4 of us will suffer from a mental illness in our lifetime, up to 8% of us can be struggling on any day and 70% of patients in the doctor's queue are there for mental health reasons. It is estimated that half of male depression goes undiagnosed, yet mental health related suicide is the number one killer of men under 35 in the UK.

## TOUR DATES

DATE	VENUE	BOX OFFICE NUMBER
19-Feb	Cambridge Junction	01223 511 511
20-Feb	Cambridge Junction	01223 511 511
26-Feb	Plymouth Barbican	01752 267131
27-Feb	Plymouth Barbican	01752 267131
01-Mar	Winchester Theatre Royal	01962 840 440
02-Mar	Winchester Theatre Royal	01962 840 440
04-Mar	Norwich Playhouse	01603 598598
05-Mar	Norwich Playhouse	01603 598598
09-Mar	Manchester SICK	0161 274 0600
10-Mar	Manchester SICK	0161 274 0600
17-Mar	Warwick Arts Centre	024 7652 4524
18-Mar	Warwick Arts Centre	024 7652 4524
19-Mar	Warwick Arts Centre	024 7652 4524
23-Mar	Birmingham The Mac	0121 446 3232
24-Mar	Birmingham The Mac	0121 446 3232
29-Mar	Canterbury Marlowe Theatre	01227 787787
30-Mar	Canterbury Marlowe Theatre	01227 787787
18-Apr	Cork Everyman Theatre	0870 050 0158
19-Apr	Cork Everyman Theatre	0870 050 0158
20-Apr	Cork Everyman Theatre	0870 050 0158
22-Apr	Dun Loaghaire Pavilion Theatre	01 231 2929
23-Apr	Dun Loaghaire Pavilion Theatre	01 231 2929
28-Apr	Harrogate Theatre	01423 502 116
29-Apr	Harrogate Theatre	01423 502 116
12-May	Oxford North Wall	01865 319450
13-May	Oxford North Wall	01865 319450