

LOU SANDERS EMBARKS ON DEBUT UK TOUR WITH CRITICALLY ACCLAIMED HIT SHOW SHAME PIG

A Fringe comedian who leaves you wanting more? I'll take that deal

Dominic Maxwell, The Times ★★★★★

Lou Sanders deserves a Comedy Award nod for this show...her best show yet

Bruce Dessau, Evening Standard ★★★★★

A reminder of just how good a straight stand up Sanders is...a joyous embracing of her eclectic life

Marissa Burgess, Fest Mag ★★★★★

She's terrific

Brian Logan, the Guardian ★★★★★

Thank the comedy Gods

Steve Bennett, Chortle ★★★★★

Hot on the heels of a sell-out, critically acclaimed run at the Edinburgh Festival Fringe and a Soho Theatre run that completely sold out before it had begun, **Lou Sanders** embarks on her debut nationwide tour of the comedy hit, and most confessional solo hour yet, *Shame Pig* from 16th February – 4th June including a second run at Soho Theatre from 25th – 28th February. Tickets can be found at lousanders.co.uk.

Exploring the themes of shame, sobriety and unrequested sex, this little pig is discussing the big topics like spirituality, shamans and dangly labias. *Shame Pig* is a show about transcending experiences and rejecting labels rather than letting them define or limit us. Wallow in the muck with this unique talent as she performs her most grown-up show to date.

Consistently a critic's favorite, *Shame Pig* has been selected as a top show to see this year in The Mirror, The Guardian, Guardian Guide, The Times, The Scotsman, Evening Standard, Time Out, The List, The Daily Express, and Edinburgh Festivals Magazine and played to sold-out audiences every day of the Edinburgh Festival Fringe where she picked up a *Comedian's Choice Award* and an *Edinburgh Poster Award* win.

On TV, Lou has appeared on *8 Out Of 10 Cats Does Countdown* (Channel 4), *Hypothetical* (Dave), **Karl Pilkington's** new sitcom *Sick of It* (Sky One), *The Russell Howard Hour* (Sky One), *Red Nose Day Stand Off for Comic Relief* (BBC One), *Alan Davies: As Yet Untitled* (Dave), *Stand Up At BBC Wales* (BBC Two), and Lou can regularly be heard on *The Unbelievable Truth* (BBC Radio 4). Her writing credits include *8 Out Of 10 Cats*, *Mock The Week* and *Miranda Hart's live tour*. She also co-hosts podcast *Why Is Your Bottom So Dirty?* with fellow comedian **Luke McQueen**.

FURTHER PRAISE FOR SHAME PIG:

It's bold and empowering and it's absolutely, resolutely Lou Sanders at her best

Chiara Margiotta, Edinburgh Festivals Magazine ★★★★★

Punchy and wild anecdotes prove honesty is the best policy

Craig Angus, The List ★★★★★

Brilliantly funny, at times throwing away improvised jokes that are better than you'll see in another act's show...stand-up gold

John Stansfield, The Skinny ★★★★★

Lou Sanders' no-nonsense brand of carefree comedy might just become your next guilty pleasure

Angela Johnson, Entertainment Focus ★★★★★

Vibrant, energetic, and chock-full of laughs, this is a show that it would be a real shame to miss

Stuart Boyland, The Upcoming ★★★★★

Shame Pig is a fantastically fun show from a comedian who is set for great things

Kate Stone, Funny Women ★★★★★

Lou Sanders proves herself to be a fantastic comic

Scott Redmond, Young Perspective ★★★★★

Excellent

One 4 Review ★★★★★

TOUR DATES

Date	Venue
24-Feb-19	Southend, Palace Theatre
17-May-19	Henley, Kenton Theatre
18-May-19	Bristol, Improv Theatre
19-May-19	Manchester, Frog & Bucket
21-May-19	Crewe, Lyceum
22-May-19	Lancaster, The Dukes
23-May-19	Leeds, Hyde Park Book Club
24-May-19	York, The Basement
04-Jun-19	Colchester, Art Centre
05-Jun-19	Brighton, Komedia

For more information and press tickets, please contact: Florrie Sheehan: fsheehan@avalonuk.com / 0207 598 7222